QUESTIONS TO ASK YOUR HIP RESURFACING SURGEON

You should ask your hip resurfacing surgeon as many of the questions that seem appropriate for your situation. Your doctor should be patient, willing to talk about what to expect and answer your questions. Having all your questions answered will give you peace of mind and will make your surgery much less stressful.

Will you perform my hip resurfacing personally or have an assistant do the surgery?

How many resurfacings have you done? (not observed or assisted with or including hemi-resurfacings)

Where did you train?

How many complications have you had?

How many resurfacing failures with revision to THR have you had?

How many loose acetabular cups have you had? Did they require a second surgery to repair or a revision to a THR?

How many times during surgery have you had to change to a THR instead of a resurfacing and why was the change made?

For what reasons would you switch from resurfacing to a THR after starting the surgery?
If you switch, what device would you be using for a THR?

What hip resurfacing device (prosthesis) do you use, how long have you been using it and why do you prefer it?

Do you use cemented or uncemented? Why?

Will you be preserving my hip capsule?

What anesthetic do you use?

How long does the surgery take?

What surgical approach do you use? Anterior, Posterior or MIS?

What is the incision length?

Do you use staples, self-absorbing stitches, drains, etc.?

What is your post-op pain control plan?

What hospital do you use?
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What is their infection rate?

Have any your patients had infections that required IV antibiotics following resurfacing?

What drugs/methods do you use for anti-coagulation after surgery?

How long will I be in hospital?

How successful have you been obtaining insurance approvals for resurfacing?

What is the rehab protocol?

When will I be 100% weight bearing?

What walking devices will I use for walking after surgery?

How long on 2 crutches, 1 crutch, cane?

What if any restrictions do you place on your patients after surgery and how long will they last?
Will I be given any at home nurse or PT care?

How does my other hip look?

If both hips are bad, how do you handle bilateral resurfacing?

Is there anything unusual about my hip that might present problems?

Do you have other hip resurfacing patients that I could talk to about their experience?

What is your opinion of when I can return to work and other activities including sports?

Have you done resurfacing for anyone who has returned to these activities?